



PARISH NEWS – March 23, 2025



Live-Streaming – We welcome all who visit us online by *YouTube*. Our service is live streamed each Sunday at 10 a.m. If you missed a service or just want to hear it again, recordings of our worship services are on our *YouTube* channel. To access the *YouTube* link, visit <http://www.stcyprianshamptonva.org>.

For Our Homebound – If you are not able to worship in person for any reason and would like to receive communion and healing prayer, please contact Rev. Dr. Hector Sintim by cell at **757-690-6739** or **email** him directly at revsintim@hotmail.com. You may call the church office at (757) 723-8253 to schedule a visit.

WEEKLY EVENTS

Ministry Opportunities – Volunteers of all ages are welcome to participate in the Sunday morning worship service. Opportunities include serving as Eucharistic Minister, Lay Reader, Greeter/Usher, or Acolyte. Reach out to Lucretia Clayton or Olive Ezell for more information.



St. Cyprian's Book Nook

Do you enjoy reading? Are you looking for a new book to read or wanting to share one you have already read with others? We are introducing St. Cyprian's Book Nook, located in Randall Hall, to our Church Family. We encourage you to donate a favorite book(s) to share and exchange. The book exchange sign-up sheet is in the parish hall. For more information, please contact Phyllis Holland-James.



Altar Flowers

Donations for Altar Flowers are often given in memory of a loved one who has passed, or in thanksgiving for someone special in your life. Effective January 1, 2025, the cost of altar flowers increased from \$30 to \$35 for each side of the altar due to delivery charges. If you would like to donate to this fund for the 2025 year, as an expression of love or remembrance, please sign the Altar Flower Sign-up Sheet or email the Parish Office at Office@stcyprianshamptonva.org. ~ **Altar Guild**



Coffee Hour Needs Helpers!

Opportunities to host the Coffee Hour are available for those who would like to do so. We welcome families, teams, Church Committees and Guilds, Birthday and Anniversary Groups or friends who wish to join this Ministry of Hospitality. To sign up, please see the schedule on the front hallway table. Birthday and Anniversary Teams are asked to select a contact person to coordinate your Coffee Hour Date and refreshments options. For more information, call the parish office or the Senior Warden.



Birthdays and Anniversaries

Each Sunday we pause during our service to offer prayers of blessing for all those celebrating a birthday or a wedding anniversary during the month. If you are celebrating this month, please join us during our Sunday morning worship service at 10 a.m. so that we can add to your celebration by giving you a special blessing.

Church Event Themes

Mark your calendars for our programs and Lenten Prayer sessions in March 2025. March's theme is "**Reaching Out for Christ.**" We are excited about this month's programs and outreach efforts. This is the year of *Positivity and Christ's Influence in our*

Lives. All are welcome to join us as we continue to build and grow in faith and service at St. Cyprian's. We are thrilled about the wonderful opportunities to gather in the coming months.

- ❖ First Sundays Birthday Blessings
- ❖ Second Sundays Education Sunday
- ❖ Third Sundays Stewardship
- ❖ Fourth Sundays Testimonial Sunday



Commissioning of Vestry

The Commissioning of the new Vestry members and installation for 2025 took place on **Sunday, March 16, 2025**, during the 10 a.m. service.

The new Vestry members will begin a term of service from January 2025 – December 2027. Our newest vestry members are **Lisa Barnes, Marshal Jackson, Fannie J. Walls,** and **Charles Wynder Sr.** This week, at its reorganization meeting, the vestry elected **Charles Wynder Sr.** as Junior Warden and **Lisa Barnes** as Register. **Mary T. Jackson** remains Senior Warden. We ask for your prayers for the 2024-25 Vestry as we embark on this transition. We look forward to a wonderful year under their leadership.

Vestrymen with expiring terms for 2024 are **Renee Barnes, Samantha B. Burney, Lora Ham,** and **Dorian Moore.** St. Cyprian's is indeed thankful for the faithful service given by the outgoing Vestry members. We pray that God will keep them safe and in the palm of his hands as they continue to be active stewards of this church.



Commissioning of New Vestry Members



LENT

A SEASON OF REFLECTION,
RENEWAL, AND PREPARATION

2025 ECUMENICAL LENTEN SERVICES

All four Episcopal Churches in Hampton- St. Cyprian's, Emmanuel, St. John's and St. Mark's, will host the 2025 Lenten Study Services during the next five weeks on Wednesdays, around the theme of "*The Year of Positivity and Christ's Influence.*"

Each church will host one evening of study, beginning March 12, 2025 and continuing on Wednesdays through April 9, 2025. We will gather for a simple supper at 5:00 p.m., followed by the program from 5:30 p.m.-6:30 p.m. The evening of study will conclude with reflections and compline. The schedule of events is listed below. All are welcome to attend and participate in these programs.

Wednesdays: 5 p.m. – 7 p.m.

5 p.m. Dinner with soup and salad

5:30 p.m. – 6:30 p.m. Program

6:30 p.m. – 7 p.m. Reflections and Compline

March 12 **St. Cyprian's ~ *Overcoming Temptations***
The Rev. Dr. Hector K. Sintim

March 19 **Emmanuel ~ *The Power of Prayer in the Life of a Believer***
The Rev. Rhonda Wheeler

March 26 **St. John's ~ *The Power of Forgiveness***
The Rev. Lisa Erdeljoh

April 2 **St. John's ~ *Relationship Building: God, Self, and Others***
The Rev. Deacon Dana VanVliet-Pullin, St. Mark's-Hampton

April 9 **St. Cyprian's ~ *Breaking with the Past***
The Rev. Dr. Hector K. Sintim





“By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.”

~ Genesis 3:1

LENTEN SCHEDULE OF SERVICES

St. Cyprian's has planned a dynamic program for the Lenten and Easter Season, beginning with Ash Wednesday Services on March 5, 2025 at 12 noon and 6 p.m. Our Lenten observance will include an in-depth Lenten Study, Palm Sunday readings, enactment of the *Stations of the Cross* and uplifting music for Easter Sunday. The four Episcopal Churches in Hampton will host the 2025 Ecumenical Lenten Services during the next five weeks, focuses on the theme "*The Year of Positivity and Christ's Influence.*" Each church will host one evening of study, beginning March 12, 2025 and continuing on Wednesdays through April 9, 2025. We will gather for a simple supper at 5 p.m., followed by the program from 5:30 p.m.- 6:30 p.m. The evening of study will conclude with reflections and compline. The schedule of events is listed below. All are welcome to attend and participate in these programs.

- March 5** Ash Wednesday Services
St. Cyprian's ~ 12 p.m. & 6 p.m.
- March 12** Lenten Study - *Overcoming Temptations*
St. Cyprian's ~ The Rev. Hector K. Sintim
- March 19** Lenten Study - *The Power of Prayer in the Life of a Believer*
Emmanuel ~ The Rev. Rhonda Wheeler
- March 26** Lenten Study - *The Power of Forgiveness*
St. John's ~ The Rev. Lisa Erdeljoh
- April 2** Lenten Study - *Relationship Building: God, Self, and Others*
St. John's ~ The Rev. Dea. Dana VanVliet-Pullin, St. Mark's-Hampton
- April 9** Lenten Study - *Breaking with the Past*
St. Cyprian's ~ The Rev. Hector K. Sintim
- April 13** Palm Sunday - *The Sunday of The Passion*
St. Cyprian's ~ 10 a.m. — You Tube Live
- April 17** Maundy Thursday
St. Cyprian's ~ 6:30 p.m.
- April 18** Good Friday - *Stations of the Cross* (16 Members)
St. Cyprian's ~ 4 p.m.
- April 19** Holy Saturday Service - *Lighting of the New Candle*
St. Cyprian's ~ 6 p.m.
- April 20** Easter Sunday
St. Cyprian's ~ 10 a.m. — You Tube Live





Lenten 2025 Experience

Parishioners, visitors, and friends are invited to join us each **Wednesday at 12 noon**, as we gather in Howard Chapel for prayer. On these Wednesdays, we will devote approximately 45 minutes to pray for ourselves, family members, those dear to us, and concerns of the nation. We hope these opportunities for prayer will provide you with the spiritual resources you need to stay grounded in God's peace and love.



In observance of the Lenten Season, the Processional will be silent, which recognizes the forty days and nights spent in the wilderness by Jesus Christ. There will, however, be music during the Recessional (closing hymn) portion of the service. We invite you to use this time for personal reflection. ~ **Phyllis Holland-James, Director of Music Ministries**



Palm Sunday and Holy Week

The observance of the Blessing of Palms will be held on **Sunday, April 13, 2025** at 10 a.m. During the morning service, the priest will bless the palms. This sacramental act will commemorate Christ's entry into Jerusalem, in his royal splendor, as a joyous occasion. We invite you to join us for this most sacred time on the Christian calendar. Partake in a Maundy Thursday Service, meditate on the meaning of Good Friday, celebrate the Great Vigil on Holy Saturday, and enjoy a festive Easter Breakfast on Easter Day. Additional information will be forthcoming regarding readers for the Liturgy of the Palms, Good Friday- Stations of Cross, and the celebration of Easter and Christ's resurrection.



Easter Lilies

Easter Sunday is April 20, 2025, which is a few weeks away. We hope to beautify the altar once again with Easter lilies. The cost is \$20 per plant. Please sign-up for one or more plants by **April 15, 2025**. The sign-up sheet is located on the front hallway table. Thanks so much for your support. ~ **Altar Guild**

H.E.L.P. Sunday

Remember the less fortunate in the community by giving monetary donations each fourth Sunday for the *H.E.L.P.* Pantry. ~ *Alberta Reid, H.E.L.P. Coordinator*



Thank You for Your Support

Thanks to all who contributed or submitted their pledge. If you have not done so, we will still accept your pledge or gift by **mail** or **electronic giving**.

- **Giving By Mail** – You may mail your financial contribution to the church address- **1242 West Queen Street, Hampton, VA 23669** or **P. O. Box 65, Hampton, VA 23669**.
- **Electronic Giving** – Please visit our website to make electronic contributions to St. Cyprian's Episcopal Church.
- **Donations/Contributions** – If you are not a member of St. Cyprian's but would like to contribute to the church, please know how grateful we are. You can also contribute online. Visit our home page and click on the green *GIVE* button. Create your account and log in to enter your information. Whether you choose to make a recurring contribution or a one-time gift, we thank you for your generosity and faithful support of this parish.



Pilgrimage Trip to the Motherland-Ghana

Experience the fall season in Ghana and enjoy the unique beauty and cultural richness of this country. We are excited to announce that the Rev. Dr. Hector Sintim is coordinating a church trip abroad to Ghana in **October 2025**. Please encourage your family and friends to consider joining us on this trip. This will be a remarkable journey for the entire family. See the payment options listed below with the final installment due on or before **August 15, 2025**. For further information, please email Fr. Sintim at revsintim@hotmail.com.

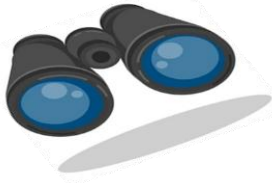
- | | |
|------------------|---------|
| *April 15, 2025 | \$1,000 |
| *June 10, 2025 | \$1,000 |
| *August 15, 2025 | \$1,000 |

Sunday Morning Worship Service, March 16, 2025



Sunday Morning Worship Service





LOOKING AHEAD

Worship Service at 8 a.m. Coming Soon

We are excited to announce that St. Cyprian's will offer two worship services on Sundays after Easter. The Rev. Dr. Hector Sintim will be the Celebrant and offer communion at both the 8 a.m. and 10 a.m. services, beginning May 4, 2025. The worship service at 8 a.m. will not be streamed.



Bible Study

Led by the priest, Sunday Bible Study will be offered to parishioners on Sunday morning, beginning **May 4, 2025** at 9:15 a.m. Study passages will be given to attending members in advance of the Sunday morning Bible Study session.

Bible study will continue to be offered in-person weekly on **Thursdays at 12 noon**. We invite you to join us on Thursdays as we explore the written word. For questions or additional information, please call the Parish Office or email Fr. Sintim at revsintim@hotmail.com. Looking forward to seeing you at one of these study sessions... All are welcome.



Confirmation Classes

St. Cyprian's will be hosting confirmation classes after Easter. Those who wish to be **baptized** are requested to submit their names to the priest on or before **Thursday, April 13, 2025**. For more information, please contact Fr. Sintim by email or phone.



Men's Group

The Men's Group will sponsor Easter Breakfast on **Sunday, April 20, 2025** at 8 a.m. Please invite friends and family to join us for breakfast on this glorious Sunday.



Pastoral Care Emergencies:
If you have a pastoral emergency, please
call the Rev. Dr. Hector Sintim, (757-690-6739), Priest -
in-Charge, or the Parish Office at (757) 723-8253.

From August 1, 2024, time seems to have come so quickly without knowing what was done or achieved. As we reflect on the year at the church, we have a lot to be very thankful to God for. From August last year, we experienced a number of new ideas and many blessings.

Saint Cyprian's is a faith community that needs new ideas and approaches to doing some things or carrying out its vision and mission. We had over 200 *YouTube* viewers and visitors in terms of Sunday visitation who were invited or heard about us through the web, news media or just walked in to come and experience Episcopal worship or Episcopalians from different places who were in town and decided to pay us a visit. We visited the sick and the hospitalized parishioners.

Reflecting on all of this, most of the parishioners not mentioning of names need to be commended for the role they play and using their God given gifts, ideas, talents, and suggestions, which led to improving some areas in the church and in assisting the community in being more organized. As we look towards another year, it is my prayer that the members will look at what unites them as a family in God's vineyard by embracing, becoming more welcoming, by inviting and reaching out to new members.

I am thankful to be here, thankful to God for the many gifts and talents within the church community. I am excited for the year 2025, I personally see the hand of God moving in a different direction and I look forward to working with everyone. I hope to introduce a new approach to doing things and improving some of the things we do at the church. I do believe that everyone is special in their own ways and have lots to offer.

Yours in Christ,

Fr. Sintim



Safe Church Training Opportunities

The Diocesan Office continues to offer Safe Church Training Workshops in three formats: In-person, zoom-based, and online via *Praesidium Academy*. To register for any of the workshops, visit the diocesan website. The schedule for **Specialized Training** is listed below.

- *****Saturday, March 28, 9 a.m. – 3 p.m. / Emmanuel, Chatham
- *****Saturday, April 5, 9 a.m. – 3 p.m. / All Saints, Virginia Beach
- *****Saturday, April 26, 9 a.m. – 3 p.m. / Emmanuel, Franklin
- *****Saturday, May 17, 9 a.m. – 3 p.m. / Redeemer, Midlothian
- *****Saturday, June 7, 9 a.m. – 3 p.m. / Christ & Grace, Petersburg

Universal Training Workshops are suitable for Sunday school teachers and Vacation Bible School (VBS) volunteers. It does **NOT** meet requirements for vestry members, clergy, or church staff. The upcoming workshops are listed below.

- ***Tuesday, March 30, 1 p.m. - 2:30 p.m. /Emmanuel, Chatham
- ***Tuesday, March 30, 1 p.m. - 2:30 p.m. /Emmanuel, Virginia Beach

Lay Ministry Training

The diocesan staff leads a training day for lay leaders serving in the areas listed below. Attendance at the training will meet the requirement for licensing for Eucharistic Ministers and Worship Leaders. Eucharistic Visitors must also have a current certificate of completion of Specialized Safe Church Training prior to being licensed. To register, visit the Diocesan website.

- ❖ Eucharistic Minister
- ❖ Eucharistic Visitor
- ❖ Worship Leader
- ❖ Lay Reader/Lector

Saturday, March 22, 2025 /9 a.m. – 3 p.m.
St. Michael's Episcopal Church
501 Old Town Dr, Colonial Heights, VA 23834

Racial Healing

The diocesan office continues to provide Racial Healing Workshops to help address racism in our church and the larger society for Vestry and clergy. For more information, visit the Diocesan website.

Saturday, /April 26, 2025/9 a.m. – 3 p.m.

Westminster

Canterbury, Virginia Beach



Camp Chanco

If you have children, grandchildren, or know of others who may be interested in a camp experience, please visit chanco.org for more information. This ministry offers spiritual, social, and physical growth for youth of all ages.

Day by Day Devotionals

The *Day by Day* devotional booklets are available for pick-up from St. Cyprian's Church during the regular office hours.



Red & White Cotillion Debutante Fall 2025

St. Cyprian's extends best wishes and much success to Chloe E. Barnes as she prepares to become a Fall 2025 Red & White Cotillion Debutante. Chloe is a candidate to be presented to society at the Hampton Roads Convention Center on **Sunday, March 30, 2025**. During the next few months, Chloe will be attending workshops, a retreat, and other exciting forums, as sponsored by the Hampton Delta Foundation, Inc. To find out more about the upcoming Cotillion and Chloe's efforts for support, please contact her at chloebarnes547@gmail.com.

New Usher Branden T. Boyden



B. T. Brandon is pictured above with Usher Steve Ham and Eucharistic Minister/Acolyte Dr. William H. Walls Jr. Bottom picture shows B. T. Brandon with Steve Ham and Bill Walls Sr.





Kudos Mr. Mark Farquharson

Have you visited our website lately? It is user friendly. We invite you to view our updated site at

<https://www.stcyprianshamptonva.org/>.

If you have any problems assessing the site or opening any of the tabs, please notify us.

A special thank you is extended to Mark Farquharson, our webmaster, for updating our web page. He is to be commended for his loyalty and dedication to our church. We thank you Mr. Mark for all that you do here at St. Cyprian's.



Altar Guild

The Altar Guild is a volunteer group of the parish whose ministry is to care for the altar, vestments, vessels, and altar linens of the parish. Altar Guild members prepare the sanctuary for services and clean up afterwards. Altar Guild members frequently supervise the decoration of the sanctuary of the parish with flowers. Gail B. Jones is shown setting up the linen for a worship service.

Report on 2025 Diocesan Council Meeting

The 133rd Annual Council of the Diocese of Southern Virginia was held on Saturday, Feb. 8, 2025 at the Doubletree Hotel in Williamsburg.

A Pre-Council Meeting and a Budget Presentation Meeting with Q & A were both held via Zoom in January in preparation for the Annual Council and were attended.

Present at Council were 149 lay delegates and 80 clergy. Eight (8) clergy new to the Diocese, including Fr. Sintim and the priest at St. John's-Hampton, were introduced and called up front.

The persons from our diocese who are presently at seminary were named, including our own Cornelia Taylor who is attending the University of the South in Sewanee, TN.

A Resolution had been presented and passed by the Executive Committee to change **Annual Council to Annual Convention**. This name change will take effect for next year's meeting.

A number of Memorial Resolutions were presented, including for Dr. Robert Satcher, the Rev. Laughton Thomas and the Rev. Ross Keener, former rector of St. George's-Newport News.

A Courtesy Resolution was given Canon Roy Hoffman, who retired in 2024 and had assisted over 60 congregations (including St. Cyprian's) in the search for new leadership.

The Budget, which had been previously reviewed as stated above, was approved. All churches were encouraged to strive to pledge 10% to the diocese.

A number of videos were shown. (1) A building on the campus of St. Paul's College, which closed in 2013, was purchased by a volunteer group to establish The St. Paul's Leadership Institute. Their purpose is to help develop persons' workforce skills. Donations may be made by going to the Diocesan website. (2) Creation Care at St. George's-Newport News is designed to engage in God's creation and a Green Church. They want to partner with other churches. (3) Chanco, the diocesan camp site, is available for retreats. (4) The diocese named St. Luke's-Kenbridge as the first African American shrine in the Diocese of Southern Virginia. A historical marker was dedicated last summer. St. Luke's emerged from a mission school and chapel for African Americans born into slavery. It also served as a temporary classroom when local segregated schools were overcrowded in 1961. The Rev. James Solomon Russell, who founded St. Paul's College, served as a Rector of St. Luke's. Our own Henry Russell Jr., a great-grandson of Rev. Russell, was a participant in this video.

Bishop Haynes in her annual address talked on prayer, service and community and the need to extend ourselves outward.

The keynote speaker was the Rev. Jay Sidebotham of Illinois, who has served as a priest in the Episcopal Church for more than 30 years. He is well known for his cartoons about church life and his animation work on the TV series *Schoolhouse Rock*. Table discussion and audience involvement were a part of his presentation on the theme "Making All Things New." He stressed spiritual growth, a deepening reflection on scripture, and involvement in outreach.

The Chair of the Standing Committee gave a report on the Bishop's Ministry Review. The lengthy report concluded that Bishop Haynes leads a hectic schedule and recommends that she does not overextend herself.

This is a brief summary of some of the agenda items. It was a full day beginning at 9:30a.m. and ending at 4:30p.m.

Submitted by,

Mary Jackson and Jean Carnegie, Lay Delegates
March 3, 2025



Williams Walls Sr. is pictured celebrating his 92nd birthday.

MARCH BIRTHDAYS

- 3/2 Marilyn Outlaw Evans
- 3/3 William Walls Sr.
- 3/4 Dorian Moore
- 3/8 Fay Winston
- 3/12 Karen McAdoo
- 3/13 Alexis Canty
- 3/14 John "Holland" Watkins, Jr.
- 3/15 Phyllis Holland-James
- 3/22 Barbara Savage
- 3/24 Simone Griffin
- 3/27 Gwendolyn Newsome
- 3/29 Joy Maria Watkins

ANNIVERSARIES

None

If we missed your birthday or anniversary, please let us know by calling the Church Office, (757)723-8253.



IN OUR CYCLES OF PRAYER:

We Pray for Our Bishop:

The Rt. Rev. Susan B. Haynes

We Pray for Our Ministry for Postulancy:

Cornelia Taylor

We Pray for Parishioners:

Juanita Alexander, Ardelle Anderson, Daisy Bell, Adrienne Combs, Jeffery Corbin II, Keri Corbin, Sandra Corbin, Crystal Diggs Gray, Patricia Dixon, Regal DuBose, Lorraine Edwards (*aunt of Crystal Diggs Gray*), Samuel E. Ewell, Jr., Olive Ezell, Olivia Ghanem (*mother of Fr. Sintim*), Gene Harden, Betty Lewis, Marc Miller, Delores Minor, Ron Minor, Gwendolyn Newsome, Shane Otey, Eleanor Pritchett, Alberta Reid, Angela J. Russell, Henry P. Russell, Jr., Barbara Savage, Minnie Stiff, Vernell Walden, Wayne Walden, John Watkins, Sr., Bernice Wilson, and Lucius Wyatt.

We Pray for Friends and Family:

Derrick Edmonds, Lois Martin, Margaret Comegys, Clay Cane, Alexa Munoz, Leonard Alexander, Cheryl Maxson, Doris Harris, Marcus Reid, Jeannie & Paul Saunders, Beverly Amaya, Lily Holloman, Allison Jordan, Greg & Patrina Newton, Kenneth Bullock, Peggy Winston, Dominique Jordan, Tony Leroy Duncan, Edith & Sana Harris, Jasen Fykes (*grandson of Eleanor Pritchett*), Sophia McCloud (*sister of Lucretia Clayton*), Shawna Mathias (*sister of Crystal Diggs*), Joy Staton, Christine Calhoun, Jeffrey Peele, Oliver Christian (*brother of The Rev. Earl R. Christian*), Howard Moore (*brother of Lucretia Clayton*), Philip Whitaker (*brother of Crystal Diggs*), Tyrone Comegys, Russell Rhorer (*brother-in-law of Samuel Ewell, Jr.*), Evita Ogden (*niece of Alberta Reid*), Phillip Wilson, William & Margaret Boyd (*nephew of Gwendolyn Newsome*), Barry Lockett (*neighbor of Lora & Steve Ham*), Yvonne Hargrove (*sister of Stephen Ham {Lora}*), Jessie Dixon (*mother of Joy Strawn*), Betty Rivera (*neighbor of Lora & Stephen Ham*), Nettie Smiley (*friend of Portia Goode-Herd*), Lorean Hester (*Stacey Hester's Mother-in-law*), Julyn Sheppard (*wife of the late Jerome Sheppard*), Doris Powell, Jaden Cooper (*nephew of Crystal Diggs Gray*), Jill & Mike Wojcik (*neighbor of Gwendolyn Newsome*)

We Pray for Those Serving in the Military:

LaToya Artis (*niece of Dr. Minnie Stiff*); Major Luke Carpenter, III (*grandson of Bill and Fannie Walls*), U.S. Marine Corps; John "Holland" Watkins (*son of John & Maria Watkins*) U.S. Navy; and LT. Joy Maria Watkins (*daughter of John & Maria Watkins*), U.S. Coast Guard



CALENDAR FOR MARCH 2025

MARCH 2, 2025

Sun.	Mar. 2 nd		Virginia Peninsula Food Bank Donations
Sun.	Mar. 2nd	10 a.m.	Preacher – Rev. Dr. Hector E. K. Sintim
Sun.	Mar. 2nd	10 a.m.	Holy Eucharist, Rite II – <i>YouTube Live</i>
Sun.	Mar. 2nd	11:30 a.m.	Parish Meeting
Sun.	Mar. 2 nd	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Mar 5 th	11 a.m. – 12 p.m.	Consecrated Communion Packet Pick-up
Wed.	Mar 5th	12 p.m. & 6 p.m.	Ash Wednesday
Thur.	Mar 6 th	11 a.m. – 12 p.m.	Consecrated Communion Packet Pick-up
Thur.	Mar 6 th	12 p.m.	Choir Rehearsal
Thur.	Mar 6 th	1 p.m.	Bible Study

MARCH 9, 2025

Sun.	Mar. 9 th		Daylight Saving Time Begins
Sun.	Mar. 9 th		Peake Childhood Center Donations
Sun.	Mar. 9th	10 a.m.	Preacher – Rev. Dr. Hector E. K. Sintim
Sun.	Mar. 9th	10 a.m.	Holy Eucharist, Rite II – <i>YouTube Live</i>
Sun.	Mar. 9th		Commissioning of Vestry
Sun.	Mar. 9 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Tue.	Mar. 11th	12 p.m.	Vestry Meeting- Conference Room
Wed.	Mar. 12 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Mar. 12th	5 p.m.	Lenten Study at St. Cyprian's -Hampton
Thur.	Mar. 13 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Thur.	Mar. 13 th	12 p.m.	Choir Rehearsal
Thur.	Mar. 13 th	1 p.m.	Bible Study

MARCH 16, 2025

Sun.	Mar. 16 th	10 a.m.	Stewardship Sunday
Sun.	Mar.16th	10 a.m.	Preacher – Rev. Dr. Hector E. K. Sintim
Sun.	Mar.16th	10 a.m.	Holy Eucharist, Rite II – <i>YouTube Live</i>
Sun.	Mar. 16 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Mar. 19 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Mar.19th	5 p.m.	Lenten Study at Emmanuel -Hampton
Thur.	Mar. 20 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Thur.	Mar. 20 th	12 p.m.	Choir Rehearsal
Thur.	Mar. 20 th	1 p.m.	Bible Study
Sat.	Mar. 22 nd	10 a.m.	DOK Meeting –In-Person Meeting

MARCH 23, 2025

Sun.	Mar. 23 rd		<i>H.E.L.P.</i> Sunday
Sun.	Mar. 23rd	10 a.m.	Preacher – Rev. Dr. Hector E. K. Sintim
Sun.	Mar. 23rd	10 a.m.	Holy Eucharist, Rite II – <i>YouTube Live</i>
Sun.	Mar. 23 rd	11 a.m. – 12 p.m.	Communion Packet Pick-up
Sun.	Mar. 23 rd	11 a.m.	Repast-ECW
Wed.	Mar. 26 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Mar. 26th	5 p.m.	Lenten Study at St. John’s - Hampton
Thur.	Mar. 27 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Thur.	Mar. 27 th	12 p.m.	Choir Rehearsal
Thur.	Mar. 27 th	1 p.m.	Bible Study

MARCH 30, 2025

Sun.	Mar. 30th	10 a.m.	Preacher – Rev. Dr. Hector E. K. Sintim
Sun.	Mar. 30th	10 a.m.	Holy Eucharist, Rite II – <i>YouTube Live</i>
Sun.	Mar. 30 th	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Apr. 2 nd	11 a.m. – 12 p.m.	Communion Packet Pick-up
Wed.	Apr. 2nd	5 p.m.	Lenten Study at St. John’s - Hampton
Thur.	Apr. 3 rd	11 a.m. – 12 p.m.	Communion Packet Pick-up
Thur.	Apr. 3 rd	12 p.m.	Choir Rehearsal
Thur.	Apr. 3 rd	1 p.m.	Bible Study

**THE THIRD SUNDAY IN LENT
MARCH 23, 2025
10 a.m.**

Eucharistic Minister – William H. Walls Jr.
Altar Guild – Jean Carnegie; Fannie Walls
Acolyte – Chloe Barnes

Ushers – Earl Hester; Stacey Hester; Mark Farquharson
Webmaster & Audio Visual Technician – Mark Farquharson
Trustees – Stanley Carnegie; Gail B. Jones; Lucius Wyatt

**THE SECOND SUNDAY IN LENT
MARCH 16, 2025**

Present – 58
Communion – 58
YouTube – 12



Diocese of Southern Virginia

The Rt. Rev. Susan B. Haynes, Diocesan Bishop

St. Cyprian's Episcopal Church

The Rev. Dr. Hector K. E. Sintim, Priest –in-Charge

Worship Services and Times

Sundays

10 a.m.

The Staff

Phyllis Holland-James, Director of Music Ministries

TBA, Sexton

Bettie J. Swain, Parish Administrator

The Vestry

(Meets the 2nd Tuesday of each month – 12 p.m.)

Mary T. Jackson (2025,) Senior Warden

Charles Wynder Sr., (2027), Junior Warden

Lisa Barnes (2027), Register

Jean H. Carnegie (2025)

Marshall Jackson (2027)

Alberta W. Reid (2026)

Joy D. Strawn (2026)

Fannie J. Walls (2027)

Lora P. Ham, Treasurer

Mark Farquharson, Webmaster/Audio Visual Technician

St. Cyprian's Episcopal Church

P.O. Box 65

Hampton VA 23669-0065

Phone: 757-723-8253

Rev. Dr. Hector E. K. Sintim - 757-690-6739 (Cell)

Office Hours: Tuesdays, Wednesdays, and Thursdays/ 9:30 a.m. - 2:30 p.m.

E-Mail: Office@stcyprianshamptonva.org

Website: <http://www.stcyprianshamptonva.org>

YouTube: St. Cyprian's Episcopal Church, Hampton, VA

Follow Us on Facebook - <https://www.facebook.com/St-Cyprians-Episcopal-Church-Hampton-Va-30770105>

Saint Cyprian's Church is named after Cyprian, the first Bishop of Carthage, North Africa (248-258). He spoke for reconciliation of the Church with those who had denied their faith. Cyprian was beheaded for refusing to worship pagan gods and deny Christianity. Thus, he became a martyr of Christ's Church universal.